

## Qiming Wu

Presents

### Colour Light Therapy Foundation Course (Level One)

This 3-day course is the first module to become a certified professional. This module is, however a training complete in itself and well worth attending even if you do not wish to go on any further. You will learn and practice about 20 treatments that are fundamental to maintaining good health and emotional balance for you, your family and friends for the rest of your life. If you wish to become certified, there will be a further 16 days of training divided into 3 segments.

The Foundation Course covers:

- ✦ basic theory of 3 body/energy types
- ✦ boosting the immune system
- ✦ boosting hormonal system
- ✦ strategies for relaxation
- ✦ harmonising body, mind and emotions
- ✦ quick relief methods to stimulate the body's natural healing ability
- ✦ spinal balancing
- ✦ zones to activate full potential
- ✦ colour sound therapy introduction
- ✦ dreamwork and diagnostic pictures
- ✦

<b>Course Fee:</b>	<b>£295.00</b>	<b>You will be given workbook.</b>
<b>Lunches:</b>	<b>Not included</b>	<b>Bring a packed lunch or food can be purchased Beverages &amp; light snacks will be provided.</b>
<b>Evening meals &amp; accommodation</b>	<b>Not included</b>	<b>There are B&amp;B's &amp; hotels near the venue.</b>

### Equipment & Text Books:

For this course you do not need your own light set. During the practical sessions, you will be sharing with someone else. If you wish to have your own light set to work with during the group, please note:

The basic light set costs 498.00 Euros\*. There is also a deluxe 2-torch set and other optional items that can be ordered but they are not essential to start with. The cost of the deluxe set is 648 Euros\*. Equipment can take up to 3 weeks to arrive and orders can only be processed, with payment in advance\*. Please see the enclosed '**CLT Equipment & Book List**'. All items are subject to posting & packing charges.

\* Please note that the prices in Pound Sterling will be given at the time of the order, due to fluctuating exchange rates.

**Recommended reading:**

We recommend you read "**Colour Me Healing**" by **Jack Allanach**, ISBN 1-84333-124-1. It gives a fascinating insight into how the technique was developed and how it works. Two other books recommended:

"Esogetics: Sense & Nonsense of Sickness & Pain" by Peter Mandel

"Children of the Light" by Dr N.F. Pagnamenta

**Please note** that we do not recommend substituting Colour Light Therapy for any medical programs, treatments or advice given by your doctor, psychiatrist or psychologist. We do not make any claims, offer any guarantees or cures with this healing system. We recommend that this therapy be used with discretion and responsibly. For any serious health issues or if any symptoms persist, please consult your doctor or a health care professional.